SCHEDULE

10:00h - 10:30h - Welcome, coffee and registration
10:30h - 11:00h - Opening, Christophe Sauerwein.

11:00h – 12:30h - Integration of treatment methods in the new era.
Examining different ways to engage with and help clients in light of the abundance of new research, the increasing recognition of comorbidity, conflicting treatment ideologies and the ever widening definition of what constitutes an addictive disorder, including those suffering from eating, sex or tech, where abstinence is not possible or practical.

Christophe Sauerwein
Addiction treatment: abstinence models or controlled consumption models? Guiding our patients towards change.

Dr Constant Mouton
"The Elephant in the Room" Co-morbidity seems to be the rule rather than the exception when talking about addiction. Why is it so? How does it work? And what is the impact of comorbidity on diagnosis, treatment and recovery?

12:30h - 14:00h - Lunch Break

14:00h - 18:30h - Navigating the landscape of youth
Finding ways to understand adolescents within their own contexts and frames of reference, and to adapt our treatment methods with the changing landscape of youth. Looking for the line between the obligatory “acting out” and signs of addictive disorders. Non therapeutic methods such as healthy family communication, and when all else fails meeting them on the frontline, or treating them in a safe space.

14:00h - 15:00h - Dr Owen Bowden-Jones
The parent-child environment: talking about drugs to youth.

15:00h - 15:15h - 15 min pause

15:15h - 16:15h - Dr Paul Bain
Towards a more adapted model for the treatment of adolescent mental health.

16:15h - 16:45h - 30 min pause

16:45h - 17:30h - Marie-Line Foisy and Patricia Bernaert
Actions and training in Belgium led by Prospective Jeunesse.

17:30h - 17:45h - 15 min pause

17:45h - 18:30h - Piet Jansen
Residential treatment model from Yes We Can Youth Clinics.

18:30h - 19:45h - 15 min pause

18:45h - 20:00h - The universal connection: Mind and matter
We will be looking at the growing weight of research evidencing that many if not most psychiatric disorders result from dysfunctional co-existing brain mechanisms - or cortico-limbic miscommunication in different levels of neuro-circuitry. Via brain imaging research we will map common pathways and systems which can malfunction in this context.

Dr Daniel Souery - Cortico-limbic dissociation and trans-diagnostic approach in psychiatry.

20:00h - 22:00h - Dinner Conversation
An opportunity for stimulating conversation with the day's speakers and attendees about the various topics that have been discussed during the day, while enjoying a delicious meal.